

Contact ID: 332597
Sample ID: 2006017231
Results Date: 20 December 2006
Print Date: 02 October 2008

Mr Example Results
York Test Group Ltd,
Genesis 3,
Innovation Way
Heslington
YORK
YO10 5DQ
United Kingdom

Dear Mr Results,

Thank you for taking the First Step FoodScan food intolerance test.

Your results have been reported by our laboratory as **positive**, indicating that you have food-specific reactivity to one or more of the foods you eat.

What do I do next?

Further analysis can now be carried out to pinpoint the foods that may be causing your symptoms and those that you can continue to enjoy, by upgrading to the Second Step FoodScan 113 test.

What does the upgrade include?

- Access to the only food intolerance test approved by independent charity Allergy UK
- In-depth analysis to pinpoint the specific foods that have generated your positive result
- Two telephone consultations with a qualified Nutritionist to assist dietary changes
- Comprehensive support pack including test results, guidebook, handy credit card listing, food diary and recipes. In addition, you also receive one year's membership to Allergy UK.


How will upgrading the test benefit me?

Previous users of the FoodScan 113 test report the following benefits:

- 76% report improved health after rigorously following the recommended elimination diet
- 68% report significant relief from symptoms within 20 days of taking the test
- 82% of people that follow the dietary advice and have three or more symptoms report a noticeable improvement in their health

The next steps on the road to better health are very straightforward. Simply contact the Customer Care team on 0800 074 6185 and your original sample will undergo further analysis by the laboratory to pinpoint the specific foods. Your results pack will arrive within 10 days and from here you can make your appointment with one of our qualified nutritionists to ensure you get maximum benefit from the FoodScan 113 test results.

Yours sincerely,



Dr Gill Hart MIBMS
Scientific Director

